



Extended Overland Expedition Checklist (3+ Weeks)

For long-range, remote, self-reliant travel where redundancy matters.

Vehicle Reliability & Spares

The spares you require will depend on the make and model of your vehicle; it's age and condition. It pays to do some research on your specific vehicle and determine the necessary spares to include in your kit. This is a generalised list.

- 2x spare tyres ☐
- Tyre repair kit ☐
- Spare belts ☐
- Spare hoses ☐
- Spare fuses ☐
- Engine oil ☐
- Coolant ☐
- Fuel filter ☐
- Air filter ☐
- Electrical repair kit (crimps, wire, tape) ☐
- Comprehensive tool kit ☐
- Grease + grease gun ☐
- Zip ties, hose clamps, JB Weld ☐

Recovery & Safety

- Winch + full recovery kit ☐
- Recovery boards ☐
- Snatch strap + soft shackles ☐
- Shovel ☐
- PLB or satellite communicator (Zoleo, InReach) ☐
- Full medical kit ☐
- Fire extinguisher ☐
- Water purification system ☐
- Long-range fuel storage (jerries or long-range tank) ☐

Power & Electronics

- Dual battery system ☐
- 40-60L fridge ☐
- Solar panel or blanket ☐
- DC-DC charger ☐
- Spare power cables ☐
- 12V lighting ☐
- USB chargers ☐
- Spare headlamp batteries ☐

Water & Food

- 60-100L water ☐
- Long-life food ☐
- Fresh food for first week ☐
- Coffee/tea ☐
- Cooking oil, spices ☐
- Backup meals (freeze-dried or tins) ☐



Extended Overland Expedition Checklist (3+ Weeks)

For long-range, remote, self-reliant travel where redundancy matters.

Camp & Living

- Awning ☐
- Shade walls ☐
- Shower setup ☐
- Table + chairs ☐
- Full cooking kit ☐
- Storage tubs ☐
- Clothesline + pegs ☐
- Rubbish management system ☐

Navigation & Planning

- Offline topo maps ☐
- Printed maps ☐
- Route plan with fuel stops ☐
- Weather monitoring ☐
- Fire danger monitoring ☐
- Permits & park passes ☐
- Emergency contacts list ☐

Clothing

- Hot & cold weather layers ☐
- Rain gear ☐
- Boots + sandals ☐
- Quick-dry clothing ☐
- Laundry soap ☐